

MIDN Bird Vital Sign Protocol: Using the Adanac 100M stopwatch

Version 1.00 (March 2012)

Overview

This Standard Operating Procedure explains how to use the Adanac 100M stopwatch. The stopwatch is used for recording time bands during bird monitoring point count surveys. Only features used in this protocol will be discussed:

- Power Saving Mode
- Current Time
- Chronograph

Suggested Reading

Adanac 100 Lap Multi-Function Stopwatch/Watch User Manual



General Use

- If the stopwatch is in the Power Saving Mode, press any of the buttons to turn it on.
- To toggle between modes, press the Mode [M] button
- To put the stopwatch back into Power Saving Mode, press the [M] button until you are in the Current Time Mode (you will see the day of the week and year on the top), then press and hold the Lap/Reset [L/R] until it turns off (approximately 5 seconds).

Note: If the stopwatch has not been used for about 48 hrs it will automatically go into Power Saving Mode

Current Time Mode

The Current Time Mode shows the date, time, and time of week.

- To navigate to the Current Time Mode, press the [M] button until you see the day of the week and year (i.e. for Wednesday 2012 you would see WED '12)

Adjustments:

Time and date are already adjusted. Please change time/date only if absolutely necessary.

Press and hold the [M] button for approximately 3 seconds or digits start flashing. Use the [M] button to select the position and the [S/S] button to increase or the [L/R] button to decrease.

When finished making adjustments press the [M] button once to set.

Timer Mode

The timer mode is the mode used during the actual point count and presents the countdown time on the bottom row and how much time is set on the top row.

- To navigate to the Timer Mode, press the [M] button until you see Timer1 scroll across the top.
- **Press [S/S]** to start the countdown.
- **Press [S/S]** again to interrupt the countdown
- **Hold [L/R]** to reset the timer.

The countdown time is already set to 10 minutes (for 10-minute point counts). It is unnecessary to adjust the countdown time after every point count. **Just hold [L/R] to reset.** You should also see a TR1 and CS on the top of the screen. If you see TR2 press [L/R] to toggle back to TR1. If you see CR or LK, press and hold [M] until the digits start to blink. Toggle to where it says CR or LK using the [M] button, then use the [S/S] or [L/R] button to change to CR. Press and hold [M] to set.

Battery Replacement

Please notify park staff if battery replacement is needed.